

*terrascap*e racing  
presents:

**beans n' barley**  
**cyclocross race**

saturday, october 26, 2013  
shaganappi park, calgary

**Open, Expert, Sport, Women + Novice categories**  
**KIDS FUN race!!!!**

ONLINE REGISTRATION AT [ZONE4.CA](http://ZONE4.CA)  
question? contact [beansnbarleycx@gmail.com](mailto:beansnbarleycx@gmail.com)

registration includes chili + a beverage  
for more info visit terrascap's beans n' barley on facebook

**costumes welcome**  
**prizes for best dressed!**



sanctioned by  
alberta bicycle association

SUPPORTED BY:



# SHIMANO

Sanctioned by:



## Welcome back!

Welcome to the 8<sup>th</sup> annual Terrascope Racing Cyclocross Race, the scariest event in the Alberta Cyclocross Cup. Our outstanding venue, as well as the excitement and challenge of our course make it a fan and racer favourite! As always, your race entry includes food and beverage: “Beans and Barley” = “chilli + beverage”. The fire-pit will be a popular fan gathering spot given our Alberta weather.

## REGISTRATION, LICENSE CHECK , etc.

Online registration: <http://www.zone4.ca/>, closes Friday, October 25<sup>th</sup> @ 8pm. \$5 late fee to be added if you sign-up after 8pm, Thursday, October 24<sup>th</sup>.

- \$35 for ABA licensed racers
- \$35 for SEL (single event license) racers
  - You will be placed into the Novice Men or Sport Women’s category. Terrascope will cover the Single Event License fee.
  - Riders are limited to 2 SEL per year (regardless of discipline)
- **FREE** kids fun race
  - 12 and under
  - Race day registration is acceptable but if you know you are bringing the little ones along then please sign them up on [zone4](http://www.zone4.ca/) so we can have an idea of the numbers.

\*\*\*\*\*Entry fee includes post-race chilli, bun, and a beverage\*\*\*\*\*

### Categories:

- Racers will compete in the Cyclocross category corresponding to their respective Road or Mountain Bike category, whichever is higher:

CROSS	ROAD	MTB
Novice Men	Men: Cat 5, U15, U17, Master 50+	Men: Novice, U15, U17, Master 50+
Sport Men	Men Cat 4/5	Sport Men
Expert Men	Men Cat 3	Expert Men
Open Men	Men Cat 1/2, but open to all license holders	Elite Men, but open to all license holders
Sport Women	Women: Cat 4/5	Women: Novice, Sport
Open Women	Women: Cat 1/2/3, but open to all license holders	Women: Expert, Elite, but open to all license holders

### License Check:

- Community Hall (southeast corner of the park, by the tennis courts)
- Opens at 9:00 am, Saturday, October 26
- Closes **15** minutes prior to your race
- Failure to bring your license may result in a \$10 fine.
- All racers must have a valid UCI/ABA license or Single Event License (SEL).

## BIKES

Cyclocross bicycles must be used in the Expert and Open Men categories. Mountain bikes are permitted in all other categories. Disc brakes are permitted.

## NUMBERS:

- Please bring your race license, and **cyclocross** body numbers. If you do not have body numbers, the ABA will provide those for you on race day. Number position will be posted at sign on

## REGULATIONS:

- This event will be run according to ABA/CC/UCI regulations. Racers are expected to know and understand these. They are available [here](#).

## ATTIRE

It's Halloween (almost) and a Beans n' Barley tradition of late is that some riders wear costumes. This is permitted in categories other than Elite Men, who are required to ride in full, normal team kit. However, there are still a few rules:

- costumes must not impair your vision or have pieces that fly around and might get caught in your spokes or equipment and cause a crash or that might get in the way of another rider
- numbers must still be clearly visible to commissaires
- "costume" does not mean team kit of other teams or advertising of products you like
- for prize presentation, at least the jersey/jacket of team kit must be clearly visible

## RACE TIMES & DURATION

CATEGORY	START TIME	RACE DURATION
Novice Men	10:00 am	40 minutes
Sport Men	11:00 am	40 minutes
Expert Men	12:00 pm	50 minutes
Kids	1:00 pm	10 minutes
Open Women	1:45 pm	40 minutes
Sport Women	1:46 pm	40 minutes
Open Men	2:45 pm	60 minutes

*The ABA and the organizer may shorten races and/or alter the course dependent on weather, time delays and combine categories if necessary. Please know your start time.*

## COURSE PRE-RIDING

The course is open for training from 9:00 am to 9:50 am. The course will be closed during all races. Any rider on the course during another category's race will be fined (as per [UCI 12.1.040.28](#)). Check with commissaires before entering the course after 10am. Racers must receive permission at the start line before pre-riding. Helmets must be worn during all riding.



## CALL UPS

There will be call ups for Expert Men, Open Women and Open Men five minutes before the start of their events. Top 8 will be called up based upon current UCI standing followed by current Alberta Cup standing.

## de COURSE

The course is about 2.5 km long with 50 metres of climbing. It will be scary suffering as the straight-up climb of the Knobby Gobbler is followed by a white knuckle descent. There will be a prize for best air off the hump near the finish line. There are lots of grassy off-camber slopes and a few surprises will be added to the map before race day. A mechanical zone will probably be located as indicated.



## MECHANICAL ZONE

The bike/wheel pit is marked on the map. A Course Marshal will be stationed at the pit. Please label your equipment and remember to collect it. Equipment is **NOT** neutral.

## FIRST AID

We will have first aid on site at the Shaganappi Community Hall. The nearest hospital is Foothills Medical Centre, [1403 29th St NW](#).

## AWARDS

Cash or merchandise prizes will be awarded based on the number of entrants. All categories will pay a minimum of three deep, unless there are fewer than five entrants, in which case prizing will be at the race organizers discretion and as per ABA Prize Policy. Awards for category winners will take place at the Community Hall as soon as possible after each race. Names for draw prizes will be pre-drawn and posted

beside the results for each category. All competitors are eligible for the awesome draw prizes provided by our sponsors plus compete for:

- Best costume (in all categories except Open Men and Open Women)
- 11<sup>th</sup> place
- Big air

### **DIRECTIONS:**

The race will be held at the Shaganappi Community Hall at [2608 - 14 Avenue SW, Calgary](#). From Bow Trail, head south on 26<sup>th</sup> Street SW and then east on 14 Avenue SW.

### **PARKING:**

Parking will be along the western and southern edges of the Park and at [Alex Ferguson School](#) to the southwest. **Please respect the community residents.**

### **HOUSEKEEPING**

- Port-a-potties will be located outside the Community Hall. Please use them, not the park.
- Please pick up garbage, which includes any gel packs & other items to help us keep the park clean
- Fans may also purchase food and drink in the Community Hall.
- Alcoholic beverages will not be served to minors. Fake ID will not work; if you're a junior, we know who you are.
- Alberta Gaming and Liquor Commission regulations will be enforced.
- **Alcohol can only be consumed in the designated areas; it cannot be consumed throughout the park.**
- Spectators can have alcoholic beverage(s) along the course only in designated areas.
- Racers cannot have alcoholic beverage(s) on the course.

You have to be there to get your annual dose of

# **beans n' barley**

If you have questions, contact us at:

[beansnbarelycx@gmail.com](mailto:beansnbarelycx@gmail.com)

# **!!!!!! MORE COWBELLS, PLEASE !!!!!!**