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## Team Alberta BMX Selection Criteria

Projects will be listed in a separate document

The criteria are organized by Section as follows:

- Section A – PROGRAM OVERVIEW
- Section B – ELIGIBILITY CRITERIA
- Section C – SPECIFIC SELECTION CRITERIA

### **SECTION A: PROGRAM OVERVIEW**

#### **Competition - High Performance Team (HP Team)**

The Competition High-Performance program offered to riders born in 2011 –2007. Programming will have a strong focus on refining technical ability, race tactics and mental skills. The desired team size will be a maximum of 14 spaces. The ABA reserves the right to vary the team size, and each project based on interest level, athlete performance level and logistical considerations.

#### **Competition - Development Team (Comp Dev Team)**

If athletes do not meet the level of skill development based on the evaluation criteria for the Competition High-Performance Team, they will be placed on the HP Development Team and invited to specific projects and training sessions specifically designed to enhance skills identified at the evaluations. At any point during the season, members of the Competition Development Team will be able to transition to the High-Performance Team and be entitled to all benefits of that tier going forward. This program is offered to riders born in 2011-2007. The desired team size is a maximum of 10 Athletes.

#### **Development Team (Devo Team)**

Designed team site This is a group of athletes with a date of birth between 2012 and 2014 who have shown a promising level of talent and skill with high level results provincially and/or nationally. The riders will be encouraged to train hard to improve their skill levels and to increase their results. The desired team size is a maximum of 16 athletes maximum.

#### **Affiliate Program**

The Affiliate Program are riders that have shown exceptional international performance at a young age (minimum 13 years, male and/or female). Each year, only one male and female will be accepted on each team (Comp HP and COMP Dev) provided the High-Performance BMX Coach has identified them as athletes who have the skill set that would benefit from training with the respective teams programming. Due to the age of the athletes, they are not eligible to be a part of the Comp HP or Comp Dev teams, however, they will be named affiliates and be invited to participate in projects.

#### **Selection Date**

Notification of selection to the Competition High Development and Competition Development Team will be made by February 24. Mandatory team meeting will be March 16, 2025.



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## Program Specific Benefits

### Competition - High Performance Team

14 riders maximum

- White Canada Cup Jersey & Pants – personalized with Rider Name and Factory Team logo
- Blue Alberta Jersey – personalized with Rider Name and Factory Team logo
- Weekly Wednesday High Performance Training in Calgary and St. Albert)
- Mental Performance Workshops/webinars throughout the season
- High Performance Camps (Aby SX April 19/20, RH Mar 20-30, Calgary June 14/15 & St. Albert Aug TBD)
- Canada Cup and National Championships Race Fees Paid
- Rock Hill Race Fees (Junior Only – National Team Selection)
- Rock Hill Project, Coach Provided, (Mar 20-26)
- Team Alberta branded zip hoodie
- Race Support at All Canada Cup Events, AB Grands, Provincial Championships, National championships, Harbour City Nationals, Canada BMX Grands, USA BMX Grands & Race of Champions.

### Competition - Development Team

10 riders maximum

- Blue Alberta Jersey Provided – personalized with Rider Name and Factory Team logo
- Discounted rate for blue pants
- Race Training on Friday prior to each Alberta Cup Race & Canadian National Championships
- Weekly Wednesday Competition Development training (Calgary/St. Albert)
- Competition Development Camps in Calgary June 14/15 & St. Albert Aug TBD
- Nanaimo Project: (requires Coach Discussion)

### Development Team

16 riders maximum

- Blue Alberta Jersey provided
- Discount Rate for Blue Pants
- Race Training on Friday prior to each Alberta Cup Race & Canadian National Championships
- Development Camps at St. Albert and Calgary
- Bi-Weekly Wednesday Regional Development training at St. Albert and Calgary



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### **SECTION C: SPECIFIC SELECTION CRITERIA**

Athletes will be selected to the High-Performance team for the 2025 season is based on four objectives; application, Rider Technical Ability Assessment (evaluation), 2024 season placement and/or points and coaches' professional discretion.

#### **Priority Ranking\***

Priority 1: Top 2 in Canada Cup Series in 2024

Priority 2: Top 2 in National Championships 2024

Priority 3: Top 2 in Alberta Junior/Junior Devo Series in 2024

Priority 4: Results in the Alberta Provincial Championships, cumulative prior year Season Points Matrix analysis and the Rider Technical Ability Assessment scores, the BMX Head Coach will use other factors such as dedication to the sport, commitment to training and coachability to make the final decisions.

\*All team selections are finalized by the BMX Head Coach.

#### **Project Fees**

Each project may incur its own project fees – this information will be communicated to those athletes prior to the project and will be dependent on the actual project fees and activities.

#### **Athlete Requirements**

Compete in the Canadian National Championships in St. Albert (Aug 23, 2025); compete in the Canada Cup events based on the Alberta Calendar in Calgary (June 28/29, 2025); Medicine Hat (Aug 16/17, 2025); St Albert (Aug 24, 2023); compete in the Alberta Provincial Championships in Cochrane (Sept 7, 2025). Possess a valid 2025 UCI License and current Respect in Sport Module. Be a resident of Alberta, Canada. Adhere to the Alberta Bicycle Association's Code of Conduct. Sign a contract accepting the expectations and conditions for the 2025 Alberta Bicycle High Performance Team. Situations outside of the riders' control are always considered – riders are encouraged to have open communication with the BMX Head Coach.

#### **Jersey Requirements:**

Whenever the Alberta Bicycle Association covers the race fees for an athlete, the athlete is expected to represent Alberta in the Team Alberta kit provided to their Team.

High Performance: Riders must wear the White Team Alberta Kit ONLY at National Level events (Canada Cup and National Championships). They must wear the Blue Alberta Jersey in the Junior Devo Races on the Sunday at the Alberta Cup races.

Competition Development: Riders must wear their Blue Alberta Jersey during the Junior Devo Races on Sunday at all events. They must wear the Blue Alberta Jersey in the Junior Devo Races at the Alberta Cup races.

Development Team: Must wear their Blue Team Alberta Jersey on Sunday at all Alberta Cup Events.

#### **Resources:**

[Technical Ability Assessment Rubric 2025 Kawa.pdf](#)

[BMX-LTAD-EN-2014.pdf](#)

**BMX**



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